

# Tailor Made Wound Management in a General Practitioners lead Wound Expert Center

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## Background:

Due to an aging population the need for enabling care of frail elderly patients with complex wounds in the community has expanded rapidly. Well organised wound care at home is especially beneficial for patients who suffer from dementia.

This paper reports on complex wound treatment, including debridement and compression treatment of frail elderly patients in a general practitioner's setting.

## Aim of the Project:

Enable effective leg ulcer management and care for other wound types in a specialised wound clinic as part of a general practitioners community center.

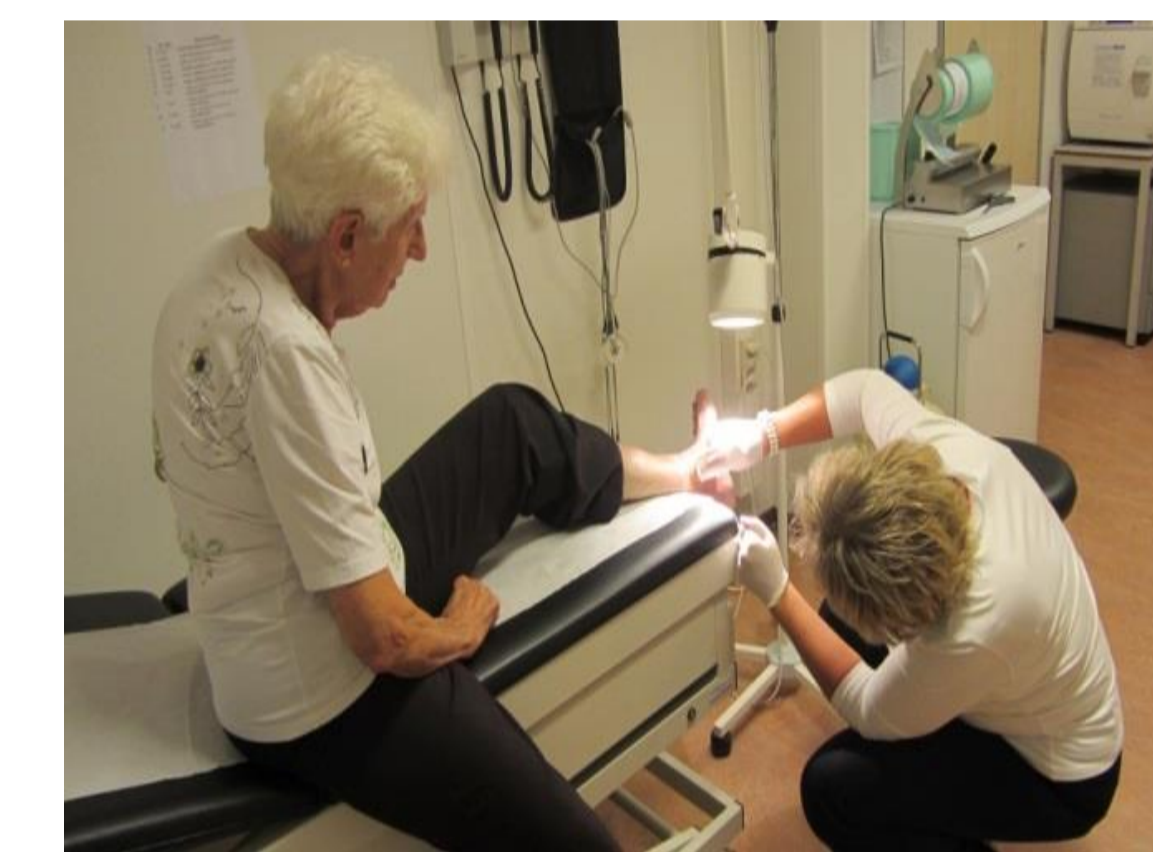
## Activities within the Project:



## Methods:

A clinical pathway for patients with complex wounds was adapted and implemented. For debridement a \*monofilament fibre product was used in wounds, skin lesions, scales, fissures, rhagades and hyperkeratosis. For oedema management a 2-layer \*\*bandage system or a \*\*\*tubular compression system was used. Case ascertainment was used to evaluate:

- debridement efficacy
- time for the procedure
- safety of use
- patient comfort and users' satisfaction



## Results:

The wound expert center was consulted for specialist advice when needed. Debridement was shown to be effective in most cases, even in the disoriented patients, who were at ease in their own environment. Patients reported no pain during the procedure. The use of the 2-layer bandage or tubular compression system was shown to be effective and comfortable.

## Conclusion:

- ✓ Tailor made wound management is successfully delivered in the community.
- ✓ Patients reported to be satisfied with the care they have received and appreciate not travelling far for optimal care.